

GOWRIE HOUSE

CARE HOME

THE BEST CARE,
IN THE BEST
PLACE.

RESIDENTIAL,
NURSING, RESPITE
& DEMENTIA CARE



A WARM WELCOME AWAITS...

Gowrie House Care Home is situated in the heart of Kirkcaldy, a coastal town on the Forth Estuary in East Central Scotland, where many local amenities and transport links are close by.

The home provides residential, nursing, dementia and respite care.

Gowrie House focusses on person-centred care, which is delivered with patience, focus and kindness and is tailored around each residents' needs and capabilities.



Our residents' wellbeing is at the heart of everything we do at Gowrie House. We aim to encourage independence and preserve dignity by offering exceptional care, a varied activities programme and offering plenty of choice and new experiences.

Our dedicated Activities Team provide a weekly plan of interesting things to do including local entertainment and in-house events, ensuring that residents are

able to stay active, happy and connected with one another.

Our on-site Chefs prepare delicious and nutritious home-cooked meals and offer expert advice on the best ways and offers expert advice on the best ways to stay healthy and hydrated. We cater for all dietary requirements, as well as providing new dishes to try alongside good old family favourites.

“One of the best care homes in Scotland, if not the best care home in Scotland. The staff are very good and caring.”

Husband of Resident

A TRUE HOME FROM HOME

Gowrie House is tastefully decorated and comprises six lounges, all of which overlook our private grounds: in these areas, residents can choose to socialise with others or enjoy some quiet time reading a newspaper or a magazine.

Each bedroom is designed with the resident in mind, with a number of them offering en-suite facilities. Residents are encouraged to bring along small pieces of furniture, ornaments and pictures to make your room very much your own.

At Gowrie House, our residents enjoy an independent life with as much or as little support as required. Whether care needs are

simple or complex, our professional and compassionate staff are here to care for you around the clock, to make you comfortable and help make every day special.

“Our experience has been a good one. Staff are friendly and helpful, food is good, rooms are kept clean. My husband has regained his health during his stay and is able to come home again.”

Wife of Resident

Facilities available at Gowrie House Care Home

- Comfortable accommodation
- Dining Rooms
- Private and secure gardens
- Hairdressing salon
- On-site Chef
- Extensive activities programme



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To find out more about life at Gowrie House or to arrange a tour
T: 01592 597 066 E: info@gowriehouse.co.uk



RESIDENTIAL | NURSING | RESPITE | DEMENTIA

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